



The Hands Up Foundation is a young, innovative charity which was set up by four British friends. Inspired by our time in Damascus, we want to remind our friends in Syria that they have not been forgotten.

What we do

We believe in giving Syrians a hand up, not a hand out, and we believe in the dignity gained by empowering local Syrian communities. We put our confidence in Syrian expertise to run local projects, nimbly delivering aid to wherever it is needed most. Working with local partners, we provide solutions to health and education issues facing Syrian communities in Syria and Lebanon. These projects are designed to be sustainable, providing stability, employment and vital services.

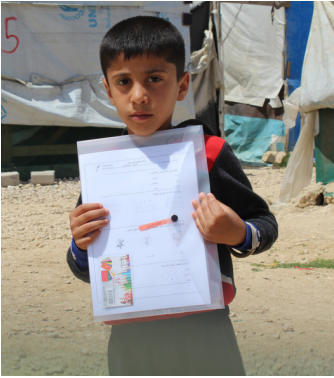
Why we do this

Ten years of conflict in Syria has devastated the country and shattered the lives of millions. Syrians have lost their families, homes and jobs as well as basic services. Many skilled professionals (notably doctors, nurses and teachers) have left the country, leaving behind a vacuum of skills in communities which can barely sustain themselves. While the situation on the ground continues to change, the needs of Syrian children and families will continue to be acute for a number of years. As the world faces a new threat from COVID-19, the most vulnerable communities, including Syrians, will be the hardest hit.

The numbers

- Over **2 million** children out of school and **1.3 million** at risk of dropping out.
- **More than half** of teachers and education staff have left the education system.
- **70%** of Syria's medical staff have left the country
- **Over 12 million people** are in need of humanitarian assistance.

OUR WORK



SCHOOL FOR CHILDREN

Education provides stability for the present and hope for the future. We support a school in the town of Barelías in the Bekaa Valley, Lebanon. The school provides education for 300 Syrian refugee children from the surrounding camps. That means 300 children protected from child labour and child marriage. The school also provides livelihoods for the teaching and admin staff, also from the local community.

A child's stationery kit costs £8
A teacher's monthly salary is £347



PRIMARY HEALTH CLINIC

Basic health services provide a lifeline for communities in poor and remote areas, where everyday illness can become life-threatening if not treated. The clinic, based in northern Syria on the Turkish border, provides on average 3000 consultations a month free of charge. It also provides stability for the local community and the team; the doctors, nurses and medical staff who can earn a living for themselves and support their families.

A doctor's monthly salary is £1,000
A nurse's monthly salary is £300



GENERAL

Syria's conflict is changeable and complicated resulting in shifting needs. Hands Up aims to respond whenever and wherever the need of vulnerable Syrian communities is greatest, so we regularly launch appeals for things like emergency medical supplies. The local partners we work with know the needs and context on the ground better than anyone. They are able to mobilize very quickly when needs escalate and we're proud to be able to facilitate this. Previous projects have also included a Prosthetics Clinic on the Turkish Syrian border.

The Hands Up Foundation, Charity no. 1156491
www.handsupfoundation.org | contact@handsupfoundation.org



HOW TO DONATE

SCAN THE CODE with your phone camera to donate and help some of Syria's most vulnerable



OR

Text **HANDSUP** to **85080** to receive a link to donate

You will be charged one message at your standard network rate. By texting HANDSUP to 85080 you agree to us contacting you by phone and SMS to send a link to our donation platform. You will have the option to sign up for information on our work, but there is no obligation. Registered charity number 1156491.

OTHER WAYS TO DONATE

Donate **ONLINE** at

<https://handsupfoundation.org/donate>

Send a **CHEQUE** made out to **The Hands Up Foundation** to **22 Sutherland Avenue, London, W9 2HQ**

For **BACS** details, please get in touch with us on

contact@handsupfoundation.org / **07871 886 316**