

Syrian Supper Club

by The Hands Up Foundation

#Syriansupperclub

The Syrian Supper Club is an international campaign run by the Hands Up Foundation. It encourages people to hold and attend Syrian-inspired dinners to raise money for those affected by the crisis.

The idea behind the it is simple, fun and positive; gather people together, introduce them to a delicious part of Syria's rich culture, and at the same time, do something good.

Syrian Suppers have taken place around the world, everywhere from Istanbul to Singapore and Washington D.C. and we want yours on the map too. The best thing about the Syrian Supper Club is its inclusivity, everyone and anyone can hold one. They are easy to do and we have all the tools to get you going, from menus to raising funds. Our promise in return, is to deliver the funds raised to those we believe are in the greatest need in and around Syria.

If this has whet your appetite and you'd like to be part of the Syrian Supper Club, here's how

- Come to one of ours: you can attend our flagship Syrian Suppers, held monthly in London and other parts of the UK. Check our website for details: www.syriansupperclub.com/joinus
- Hold your own: sign up to hold your own Syrian Supper via our website www.syriansupperclub.com
- Make a donation: simply donate to the projects Hands Up funds by going online www.syriansupperclub.com
- And finally... we'd love you to shout about the Syrian Supper Club on social media using the hashtag **#syriansupperclub**.



For more information, please visit our website at www.syriansupperclub.com or contact us directly at contact@syriansupperclub.com

RAISING MONEY FOR AID TO SYRIA ONE SUPPER AT A TIME

THE HANDS UP FOUNDATION

The Hands Up Foundation is an innovative charity which was set up by four British friends. United by a sense of sadness at the unfolding crisis in Syria and inspired by our time in Damascus, we want to remind our friends in Syria that they have not been forgotten. Hands Up is registered in England and Wales, and raises money and awareness through creative fundraising initiatives, including the Syrian Supper Club, MarmalAid and Singing for Syrians.

The money we raise funds projects which are implemented by our partner

organisations on the ground. Where possible these projects are inside Syria and run by Syrians. Sustainability forms the basis of the projects we choose, which is why we focus on funding salaries and long-term work in health and education. All the projects we fund are monitored regularly and designed to have maximum impact for those in need.

We have witnessed first-hand the positive effect of direct aid in Syria and we hope that the Syrians we support will contribute to rebuilding and making their country, once again, a place where people can live in peace.

In 2017, amongst other projects, we are supporting three that we are very proud of:

Medical Salaries – district of southern Aleppo – Syrian American Medical Society - £174,000

The need for medical aid in Syria is vast, especially for the 15 million civilians still in the country. Hands Up supports a primary health clinic. Over the course of a year we are funding the salaries of 21 staff and covering the costs that make these jobs possible. Hands Up receives monthly timesheets and pay-slips from the staff to ensure the funding is delivered appropriately.

Prosthetic Limb - Syrian, Turkish border - NSPPL (with Syria Relief) - £50,000

Since 2014, we have supported 3 prosthetic limb clinics: one in Reyhanli, Turkey and two inside northern Syria. Our funding contributes to staff salaries, running costs and patient treatment. The average cost of a limb is £380 and this programme is designed to get people back to work, restore dignity or simply allow patients not to feel helpless at home. The clinics have been in place since 2013 and produce and fit around 100 prosthetics per month, with no charge.

Education - northern rural Homs - Emissa - £83,333

We're funding materials, supplies and meals for three schools, attended by over 900 children for an academic year. Funding for this area of Homs countryside has been limited as it is no longer an "emergency education setting" for many aid organisations. Like many besieged areas of Syria, the residents are now settled rather than newly-arrived internally displaced people, which makes the need for continuing to provide education services all the more pressing.

For more information on any of the projects please visit www.handsupfoundation.org
Or contact us here: contact@handsupfoundation.org

Donations can be made online or via our website or cheques made out to The Hands Up Foundation and sent to 20 Jerusalem Passage, London, EC1V 4JP

